

END POINT DAY 3
(BAR MOUTH AT PORTSTEWART STRAND)

DAY 3

32.8 Miles

1. Lower Bann Section: Newferry West – Bethlehem Abbey (3.7 miles) – Portglenone (0.3 miles), follow Lower Bann.
2. Portglenone – Portna Canal (6.2 miles).
3. Portna – Kilrea Bridge (1 mile).
4. Kilrea Bridge – Movanager Weir / Canal (2.3 miles).
5. Movanager Weir – Carnroe Lock (1.7 miles).
6. Carnroe Lock – Agivey Bridge (3.4 miles).
7. Agivey Bridge – Drumaheglis Marina (1.6 miles).
8. Drumaheglis Marina – Camus (0.9 miles).
9. Camus – Loughan Island (1.9 miles).
10. Loughan Island – The Cutts (1.9 miles).
11. The Cutts – Summerset Park (0.3 miles).
12. Summerset Park – Coleraine, Ring Road Bridge (0.6 miles) – Town Bridge (0.6 miles) – Railway Bridge (0.5 miles) – Council Marina (0.4 miles).
13. Council Marina – Pier East Bank (1 mile) – Dunes riverside (4 miles).
14. Walking Section: Dunes riverside – Barmouth (0.5 miles).

END POINT DAY 2 (NEUFERRY WEST)

DAY 2

33.8 Miles

1. Upper Bann Section: Portadown – M1 Bridge (3.6 miles), Follow Upper Bann.
2. M1 Bridge – Bannfoot (6 miles), Upper Bann to Lough Neagh.
3. Lough Neagh Section: Bannfoot – Coney Island, North shore (2.5 miles).
4. Coney Island – Ardboe Point (7.2 miles).
5. Ardboe Point – Ballyronan (6.5 miles), follow westerly Lough shore.
6. Ballyronan – Traad Point (1.1 miles).
7. Traad point – Toome Weir (3.5 miles). [32.3 miles total].
8. Toome – Lough Beg, east shore – Newferry West (5.5 miles)

END POINT DAY 1 (MOYALLON)

DAY 1

32 Miles

1. Carlingford Lough - Newry
2. Newry - Jerrettspass
3. Jerrettspass - Gambles Bridge
4. Gambles Bridge - Poyntz Pass
5. Poyntz Pass - Scarva Visitors Centre
6. Scarva Visitors Centre - Gilford
7. Gilford - Knockbridge
8. Knockbridge - Portadown

START POINT (CARLINGFORD LOUGH)



KEY

- Access points to view Canoe sections
- National Nature Reserves
- Wildfowl Refuges



Waddell follows the outdoor ethics code as layed down by 'leave no trace'.